

Friday, February 27, 1998

NEWS



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ON-LINE



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Levin discusses Middle East conflict

Katie Snyder
Staff Writer

Though United Nations Secretary-General Kofi Annan may have pacified the Iraqi crisis, many leaders feel President Saddam Hussein still poses a serious threat to peace in the Middle East. Michigan Senator Carl Levin spoke Tuesday, Feb. 17 in the Bobbitt Visual Arts Center, explaining the Iraqi crisis.

Levin's visit was sponsored by the Gerald R. Ford Institute for Public Service.

As the senior Democrat for the Armed Service Committee, Levin recently returned from a tour of Europe and six Middle Eastern nations including Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and United Arab Emirates. According to Levin, the tour established political and military contacts in preparation for an attack.

Levin began his statement Tuesday by laying out a brief and recent history of the United States and United Nations relations with Hussein. In compliance with a U.N. resolution, a number of Hussein's biological, chemical and nuclear weapons were destroyed by a U. N. search team, he said. These weapons were destroyed after Hussein's son-in-law defected and reported the weapons to the U.N, Levin said.

According to the U.N. resolution, Hussein must allow the United Nations Special Commission unlimited inspections of his weapons facilities.

Any illegal materials uncovered must be destroyed, Levin said.

Levin then explained the current conflict. The U.N. believes Hussein still has 20 to 200 tons of chemical weapons with an estimated six thousand gallons of anthrax, he said.

To illustrate the power of these weapons Levin said "one spore" (less than a drop) of anthrax will kill a man in five to seven days.

Levin said he believes the U.N. resolution must be enforced now in order to retain its authority in dealing with future "more complicated" terrorist situations.

"How we deal with this crisis will set a pattern for how we deal with destructive weapons."

Several students attending Levin's speech commented on U.S. involvement.

"Let [Hussein] go or do a full scale invasion," said Justin Ebersole, Manchester junior, following Levin's speech. Ebersole said he believes the U.S. is "failing to react with necessary force."

The U.S. has no plans for a ground attack according to Levin. "A credible threat of air strike is the only way we'll get him to disarm," he said.

Nader Warra, Livonia junior, said he believes U.S. interest in Hussein is economic, and expressed concern for Iraqi residents in the event of an air strike. "Is human life worth more than oil, or not?" Warra questioned.

— see 'Levin,' p. 2

'On the Verge' continues to play tonight and tomorrow night



photo courtesy of speech communication and theatre department

Joshua Parker, Washington senior, and Katherine Mulcrone, Des Plaines, Ill. sophomore, are among the cast of 'On the Verge,' which premiered Wednesday night in the Herrick Center theater. Performances continue at 8 p.m. tonight and tomorrow night. Tickets may still be purchased for one dollar today in the Kellogg Center.

Out-of-state students may have company

Admissions works to increase percentage of out-of-state students at Albion

Joselyne Hoffmann
Staff Editor

Around 225 of Albion College students are not Michigan residents.

"When you have two big ten institutions in your backyard and you have a number of quality public and private institutions, plus you have a state grant that's now up to \$2,600, many of the students are going to remain in the state," said Daniel Meyer, vice president for enrollment.

"Most of the colleges in Michigan, even Kalamazoo, which some students associate as having such a diverse student population, still draw 75% of their students from the state of Michigan," Meyer said.

The Albion admissions office is looking at targeting some areas where there is a higher concentration of minority students.

Some of the places are Minneapolis, Cleveland and New York.

For example, a regional representative was hired for the Chicago area a couple of years ago.

"We're expecting right now

"I think that will pay some dividends for us," Meyer said.

What brought current out-of-state students to Albion?

According to Arturo Caro, Tustin, Calif. sophomore, and Lindsay

Schools in the Midwest and two schools in the East."

"I never got through to the dean of admissions until the time when I called Albion. I spoke with the dean for about 45 minutes and he said, 'Well, I'll see what I can do.' I turned in my stuff on July 5, and I got my letter a month from the day of SOAR five. I came out here with my mom. She liked it and I liked it, so I stayed."

"I really liked the professors, and I liked the students, and I thought there was a nice atmosphere on campus," Sestile said.

"I came to Albion because my host father in America graduated from this school," said Yukiko Kato, Japan freshman.

"I really wish we had a higher percentage of students from out of state, because it adds to greater diversity on campus," Meyer said.

"I really wish we had a higher percentage of students from out of state, because it adds to diversity on campus."

—Daniel Meyer, vice president for enrollment

about 150 applicants from Chicago where, when we started, we had around 75," Meyer said.

In addition, Meyer said that the admissions office has asked the athletic department to get a little bit more involved with recruitment of out-of-state students.

Sestile, Toledo, Ohio junior, they were attracted to the small liberal arts atmosphere.

"Why did I choose Albion?" said Caro. "Do you want to hear the Cliff notes or the long version?"

"I wanted to go to school in the Midwest or the East. I applied to two

NEWSBRIEFS

Student Senate creates staff award

On Monday, Feb. 23, Student Senate approved a proposal from its Student Affairs Committee to create and maintain the "To Triumphe Award for Staff Excellence." The award will be an opportunity for students to nominate staff members who have gone above and beyond to make Albion a better place for students. The award will be presented at the Honors Convocation in April.

Award recipients will receive a plaque for themselves and have their name engraved on a plaque hung in the Kellogg Center.

Any student may nominate a staff member, which includes administrators and staff. Nomination forms will be at the Kellogg Center Information Desk today.

Albion Relay for Life

Walkers and runners will go around the clock in the battle against cancer. The American Cancer Society's Third Annual Relay for Life is on April 17 and 18.

Teams are gathering for a 24 hour relay, with the goal to keep one team member on the track at all times. Many community and college teams are involved. More teams are welcome, and all interested should contact Karen Brown at 629-6999.

Department of English announces Robert H. Gildart Writing Prizes

A recent gift to the English department has made possible the creation of the Robert H. Gildart Writing Prizes. These are cash prizes designed to honor the career of Bob Gildart, who taught at Albion College for 25 years. The prizes will be awarded each year to sophomores at Albion. Up to three awards will be made this year, and the English department would like to invite all sophomores to submit their work for consideration.

Students may submit original works in one or more of the following categories: poetry, fiction, and drama. Submissions for each category may contain more than one work but should not exceed 15 pages in total length (25 pages for drama).

For more information contact the English Department Office.

Anchorsplash is tomorrow

Anchorsplash '98 will take place at 2 p.m. tomorrow in the Dow Recreation Center. Anchorsplash is a national Delta Gamma fundraising event. It is organized to raise money for Delta Gamma's philanthropy, Service for Sight.

Water relay races, synchronized swimming, and the announcement of the 1998-1999 Anchorman will all be part of the day. Tickets are one dollar for students.

College sees virtual success

Qiana Lawery
Staff Writer

Stepping into the room, the sound of laughter greeted your ears. A sense of anticipation hung in the air.

"Hey Julie! Are you ready?" asked a voice across the room. Julie smiled shyly and took her seat.

Sound like a scene from a summer camping trip?

Actually, summer is still a few months away, but selected Albion College students, faculty, and administrators boldly took a trip where no other college has gone before ... to the world of online chat.

This world consists of virtual "tours" of the campus using 360 degree panoramic pictures and chat rooms that allow anyone connected to the Internet to talk to students and faculty.

The overwhelming success of Albion's innovative Virtual Open House has resulted in ideas for expanding its use to "a large chat once a semester," said Jason Allgire, electronic admissions representative for the college.

"It probably won't be as large as this one, but we could have another as soon as April, to parallel our spring visitation day. There has also been talk of doing more alumni oriented events with it."

The success of the chat was also an example of how well the college

uses the concept of teamwork.

"This was not just an admissions event, or a computer event ... it was the largest campus event I've ever seen," Allgire said.

A test run was conducted Feb. 9 in six high schools and served as "a dress rehearsal to work out the bugs before Sunday's main event," said Allgire.

Only two of the six schools, Detroit Country Day and Traverse City Central, were able to successfully complete the virtual tour because of "a number of reasons," he said, "but mostly as a result of most high schools having firewalls installed in their computers. They act as shields to keep students from accessing data such as chat rooms."

Ryan Lewis, Saint Clair Shores senior, wasn't bothered that there weren't any students in the English chat room during the test run.

"We're having fun though. The English room is rockin'!" he said.

The German chat room was the first to have a high school student log in.

As Jennifer Taylor, Rochester Hills senior, talked to Scott, a tenth grader, excitement was felt throughout the room.

"Hey, Jenny got a nibble!" exclaimed Craig Olzak, Troy sophomore, who then encouraged everyone to "eavesdrop" in the German chat room.

Things went even better during the actual chat Feb. 15.

Approximately 200 Albion College students, faculty and staff participated in the chat rooms, President Peter Mitchell said in a campus e-mail.

During the Open House, 517 users logged on to Albion's site, and 191 individuals engaged in chat room conversation with college students, who found the atmosphere "easygoing and friendly," said Christina Bumphus, Detroit freshman. "I went in and it was like an instant family, so I wasn't afraid to talk."

Visitors to the rooms talked about everything from the benefits of going to Albion, internet surfing in general, to "all-nighters at the Kellogg Center and kung fu," said Ralph McCarty, Detroit sophomore.

The chat increased the college's national exposure, gaining mention in several national newspapers such as the *Wall Street Journal* and *USA Today* as well as articles in several Michigan newspapers.

"I think the chat pushed the school one huge step forward. We're in the technology age and this [virtual chat] is a big plus for us," said Bumphus.

"I think the publicity showed that virtual admissions and online chat is definitely the way of the future," agreed McCarty.

Senator Levin visits campus ————— continued from page 1

Levin asked his listeners to weigh the possibility of a few civilian casualties against the greater good of Hussein's disarmament. He said this is a difficult situation. "How do you deal with someone who will use his own people as human shields?"

Almost one week after Levin's Albion visit, Hussein has "agreed to allow United Nations weapons inspectors immediate and unconditional access throughout the country," according to a Feb. 24 *New York Times* article. Annan and Hussein reached an agreement that would "restore free and unfettered inspections by" the UNSCOM, according to the *Times* article.

Levin addressed the importance of Hussein's compliance with the resolution. "We can't let him decide which places and when to inspect," Levin said.



photo courtesy of Albion Recorder

Brion Doyle, Grand Rapids sophomore, Scott Smith, Romulus sophomore, and Nader Warra, Livonia junior, meet with Senator Carl Levin during his visit to campus Tuesday, Feb. 17.

SETTING IT STRAIGHT...

Due to a printing error, the first paragraph of "Albion College takes a day off to discuss the vision" on page 3 of last week's issue is being reprinted. The paragraph stated: "Ask any current Albion student to define an "Instiue of Inquiry," and you will probably be met with a blank stare."

The Pleiad regrets this error.

ΚΑΚΑΚΑΚΑΚΑΚΑΚΑΚΑΚΑ

The Sisters of **Kappa Delta** would like to welcome their new members...

Elizabeth Astras
Katie Brimmer
Andrea Burger
Colleen Chapoton
Colleen Downs
Brigitte Dubois

Miracle Hurley
Lynsey Kluever
Sara Mann
Manda Meeth
Susan Miller
Kristen Weber

ΚΑΚΑΚΑΚΑΚΑΚΑΚΑΚΑΚΑ

As We See It

Students are not being represented

Student senators were measured for caps and gowns at their meeting Monday evening. Why? Because they've been selected to walk in President Peter Mitchell's inauguration, representing us, the student body.

This is an incredible injustice and a poor representation of the student body.

Some may argue that, as our elected representatives, student senators should be the ones to have this honor bestowed upon them. *The Pleiad* staff believes, though, that this argument cannot possibly hold water. Anyone remember the election last spring? There were 20 individuals running for 18 seats. We were barely granted the right to vote because there was hardly anyone to vote for! Further, a large number of the current senators are not the ones we elected. Senate's rapid rate of turnover has necessitated the appointment of new senators to replace the numerous ones who resigned after being elected.

Are student senators a good representation of the student body as a whole? The answer to this question is a resounding no. Senate tends to attract one type of student, more or less (we realize there are some who do not fit this mold) — political science and public policy majors and members of the Gerald R. Ford Institute for Public Service. Although we are not arguing that these individuals are not worthy to serve as student senators, we are arguing that they are far from being an accurate representation of the student body.

Further, there are many individuals who represent the student body without being a part of senate. Among others, they are members of campus committees, people who have submitted vision proposals, members of clubs such as Odyssey of the Mind or Model United Nations who represent the college at conferences, and students like Thomas O'Brien, who wrote a letter to *The Pleiad* last week because he saw an issue that needed to be addressed.

If members of the planning committee for the inauguration want a true representation of the student body, more students should have the opportunity to participate. Perhaps an application process or a nomination process similar to the one used for homecoming would be more appropriate.

We at *The Pleiad* hope that it is not too late to have this situation rectified. Mitchell's administration has done a good job thus far of including students in college affairs, such as the vision and the Campaign for the Generations celebration. It would be sad if this symbolic gesture allowing senators to walk would turn out to be an indication that his administration isn't much different from that of his predecessor.

an unsigned "as we see it" represents a majority consensus of the editorial staff

Student fears for her safety



Viewpoint...

Katie Snyder
Staff Writer

I hate him.

And his rusty, gray station wagon and his smirking, lecherous face and his curly, dark-haired head hanging out his open window.

I was running alone late Saturday afternoon. I usually run alone. I find the "runner's high" is higher in solitude.

I had just finished writing essays for my off-campus application. I had to explain, in these essays, why I was a good enough, smart enough person to be allowed into the program.

After an afternoon of writing nice things about myself, I was feeling pretty good. I trotted down Hannah Street thinking happily about my up-coming internship in New York City.

My mind wandered. I imagined myself writing articles for a prestigious newspaper. I envisioned my editor offering me a job.

"You're a brilliant writer. You don't need to spend any more time in college," I dreamed he would say.

I thought about myself, a small-town girl, living in New York. I couldn't live there permanently. I need trees. I need empty country roads for running.

Where would I run in New York City?

Horror stories of women runners in Central Park flashed through my head.

I agonized, momentarily, over my impending loss of fresh air, grass and trees. For the sake of safety, I decided, I would banish myself to the

monotonous world of treadmills.

Feeling a little sad now, I turned off of Hannah Street onto Haven Road. A gray station wagon came up behind me, passing me. Breaklights flashed. I figured the car was turning into one of the houses at the bottom of the hill. No turn-signal.

The wagon did a U-turn. I was confused. The dark-haired driver drove slowly back up the hill towards me. He stuck his head out his open window, looked at me and smirked. I felt as though I'd been raped visually.

"I've decided to not be a victim. It happens to me. It happens to you."

My mind raced. Run faster! . . . Do I remember karate punches, kicks? . . . Should I run to a house? . . . Tell someone: There is no one to tell . . . Do I scream? . . . I am going to scream . . .

I see a man in the park . . . Is he a partner of the man in the wagon? . . . I am going to die. . . I'll poke out his eyes with my keys . . . Should I scream? . . . Run faster. . . This man in the park is with a little boy . . . He might be a good man . . . Tell him.

"There is a man in a gray station wagon following me," I yelled as I approached the man and the boy in the park. "Will you watch me?" I asked him.

"Yes," he nodded. He offered his protection, "Or you can wait here until he leaves."

I stopped running, hesitantly, and waited. The wagon drove by two or three more times, slowing as he

neared where we stood. Finally he disappeared east down Haven Road.

Now I am angry. This man in the gray station wagon has taken away my sense of security. I have run thousands of miles alone, fearlessly. Now I am afraid and I hate it.

I came to Albion College for personal attention, small classes and security. I was under the impression that this was a relatively secure place to learn and run.

Then, last semester I wrote an article for *The Pleiad* about a group of sophomore women who were harassed by a driver while they were running. I remember feeling a little concerned, but more for the "other" women runners than for myself. I made myself a victim of the "It doesn't happen to me" syndrome.

I've decided to not be a victim. It happens to me. It happens to you.

I wish I could pose a solution, a course of action for all solitary women runners. But I have nothing to offer but the obvious. Stay away from gray station wagons driven by lecherous, smirking men. Take a self-defense class, run in groups, find a treadmill.

But those actions do not end my fury. They do not prevent me from hating when an unfamiliar man looks in my direction. I want to veil my body in heavy, impenetrable layers of clothing. I want to run miles and miles until all my fear and rage have dissipated.

I want every woman on campus to know about my experience. There is no safety, even in small college towns. Be prepared, but continue to run.

Professor clarifies her views

To the editor:

I was contacted last week by a reporter from *The Pleiad* asking me to comment on the Day of Vision and the institute proposals. I responded by e-mail with the following comment:

"I think that both Ian MacInnes and I especially appreciated the willingness of the Vision Committee, the president and the other architects of the first six institutes to include a seventh institute, especially one suggested by two untenured faculty members. Some of the discussions on Feb. 12 displayed a sense of intellectual excitement that I was glad to be

part of, and I think that many of us are hoping that these institutes will help revitalize the intellectual climate on campus."

Much to my dismay, I found when I turned to the article on the institutes in last week's *Pleiad* that not only had all but the final clause of my response been cut, but that "these institutes" had been changed to "this institute" in the quotation attributed to me. I don't know if the change was accidental or deliberate, but I am distressed by the implication that I was denigrating the other institutes.

As you can see from my original e-mail, my intent was exactly the opposite. Cutting comments for space

consideration is reasonable; changing the wording of direct quotations is not.

I hope that *The Pleiad* will be more careful to quote people accurately, especially when misquoting them makes them appear arrogant and ungrateful.

Sally Jordan
assistant professor of English

Editor's note: The Pleiad apologizes for the error and wishes to assure our readers that quotations are never intentionally modified.

The Pleiad is the Albion College Weekly, Founded by the Class of 1883

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The Pleiad welcomes letters to the editor. Letters should be not more than 300 words in length and may be submitted to the *Pleiad* box outside of campus programs and organizations or via campus mail to 4929 Kellogg Center. The editorial staff reserves the right to edit letters for grammar, *Pleiad* style and space limitations and to reject letters that may be slanderous or libelous. Due to space limitations, letters may not always be printed the week they are submitted.

Walk for Warmth to supply heat for the community

Kenneth Dixon
Staff Writer

Taking pledges for the needy.

For Amy Sheele, St. Clair sophomore and community organization coordinator for the Student Volunteer Bureau, it is not only looked upon as a job she has to do, but rather one she enjoys doing around this time of year.

"I think it is really a great cause."

What is it she refers to? None other than the annual Walk for Warmth walk-a-thon that will be taking place in several Michigan communities tomorrow.

The purpose of the Walk for Warmth is to raise money for low income families to allow them to keep their heat on, according to Tom Hunsdorfer, executive director of the Albion Volunteer Service Center.

Anybody can participate in the walk-a-

thon by getting pledges for themselves or giving pledges for the Walk for Warmth.

According to Sheele, she and the rest of the SVB are encouraging student groups to pledge and individuals to get pledges on their own. Sheele is the person responsible for getting all student group pledges around the campus and says she plans on walking in the Walk for Warmth herself.

"It's a fun way to do some good for the community."

The walk consists of two courses. There is a one mile fixed route. For those who are really ambitious, there is a three mile course.

The walk will begin at 10 a.m. with

registration starting at 9 a.m. All the participants will gather at Tennant Hall in the United Methodist Church, located at 600 E. Michigan Ave.

This state-wide event was started 13 years ago by Timothy Kurtz, a pastor at John 3:16 Ministries, located in Albion.

Because of this individual's initiative, 75 households in the Albion community were kept warm last year.

Hunsdorfer is a member of the Community Action Agency, which is working together with the Albion Volunteer Service Center. The Community Action Agency also participates in other programs to help raise money for the people who are in need, such as the Head

Start programs.

According to Hunsdorfer, this year they will place a plaque in the Kellogg Center that will remain there to identify the student or students who raised the most money for the walk.

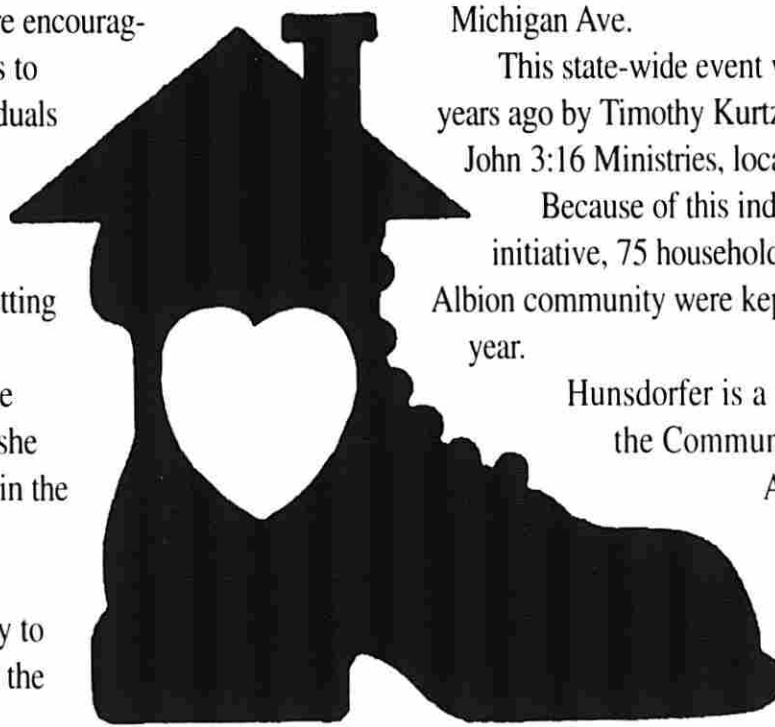
This should help to encourage students in the future to participate in the Walk for Warmth each year.

Recent facts put out by the Community Action Agency state that every year the Walk for Warmth will supply heat for hundreds of families in south central Michigan during the winter.

Last year it raised over \$7,000 in Albion with the help of 200 workers and supporting sponsors.

For more information on the Walk for Warmth you can contact the Community Action Agency at 629-9403.

Also, if you are interested in getting pledges or giving pledges, call Amy Sheele at x1109.



New group established to combat eating concerns

Anorexia and bulimia increasingly an issue among colleg aged women

Rebecca Little
Staff Writer

O'er the land of the free.....and the home of the waif.

Unattractive is undesirable. Obesity is objectionable. And....

You can never be too rich or too thin.

All lessons are learned after one half hour of television. All messages our culture sends to its members. All to be achieved at what cost?

Eating disorders are a widespread problem, afflicting every class, race and gender. According to a recent statistic from the National Eating Disorder Screening Program (NEDSA), an estimated seven million women and one million men suffer from anorexia nervosa and bulimia nervosa in the United States, and another one to two million suffer from binge eating disorder.

Of these cases, the NEDSA approximates that 86% of these cases onset by the age of twenty.

They are especially prevalent on college campuses, including Albion.

In a random survey, Albion College students were asked the question, "Do you know someone on this campus with an eating disorder?" Of the 50 men surveyed, 30 said yes. Out of 50 women surveyed, 46 said yes.

A new program on campus has stepped in to address this issue.

The Eating Concerns Support Group, established by the Counseling and Health Services Center, offers support to students suffering from eating disorders.

"Eating disorders are a growing concern on college campuses. The statistics are amazing," said Jennifer Smirnov, counseling intern at the Center who founded the group.

"We are offering support to students who are having these issues."

In order to protect the members' privacy, it is not an open meeting. Students who need help should contact Smirnov at x0236 for a screening.

"I encourage people to come. I don't want people to fear being stigmatized by coming and sharing their or their friend's eating concerns. This is a major issue not only in society today, but especially on college campuses. Albion is no exception," said Sarah Rosin, Milford sophomore.

In observance of Eating Disorder Awareness Week, the group sponsored a National Eating Disorder Screening Program

"By educating ourselves and addressing this concern together, as a community, I am hopeful that several eating disorders on Albion College's campus will be treated, if not prevented from forming altogether," Rosin said.

Anorexia nervosa can be characterized by self-starvation, food preoccupation and compulsive exercising, according to the Anorexia Nervosa and Associated Disorders (ANAD) website.

Anorexics are drastically underweight, but feel overweight. Bulimics may maintain normal body weight, but overeat and then vomit in secret to maintain their weight.

Bulimia nervosa, the most common

While eating disorders have been labeled female issues, this is not necessarily true.

There are many afflicted males, especially among athletes. Recent cases have shown that wrestlers in particular are prone to binge and purge, or starve themselves in order to achieve or maintain a particular weight class.

The specific causes of eating disorders are uncertain, although the NEDSA upholds that generally, eating disorders are symptoms of underlying psychological issues.

The disorders are more prevalent among females, who suffer from significant social pressure to be thin and pretty.

"We live in a look-obsessed, media saturated, girl poisoning culture," wrote Mary Pipher, in *Reviving Ophelia: Saving the Selves of Adolescent Girls*.

"Girls developed eating disorders when our culture developed a standard of beauty that they couldn't obtain by being healthy," Pipher wrote. "When unnatural thinness became attractive, girls did unnatural things to be thin."

Eating disorders are an attempt to conform to societal conventions.

According to the Weight Control Information website, purging, fasting and strenuous exercise are dangerous ways to attempt weight control. Anorexia has a higher mortality rate than any other psychiatric disorder, with an estimated 30-40% who will ever fully recover. Bulimics have a 70% recovery rate after treatment, according to the NEDSA.

It is not hopeless, and eating disorder patients can fully recover. Treatments are varied, and generally involve nutritional advice and psychological perspectives.

But as with any addiction, it remains a battle for the rest of one's life. Programs like the Eating Concerns Support Group are here to help.

"Do you know someone on this campus with an eating disorder?" Of the 50 men surveyed, 30 said yes. Out of 50 women surveyed, 46 said yes.

--Random survey of Albion College students

on Monday in the Kellogg Center. A test was available to all students to determine whether they were at risk for an eating disorder. Counselors were available to go over the results both at the Kellogg and Health Centers.

"The Screening program is to identify individuals who are at risk. It is not a diagnosis," Smirnov said. "Once they get their interpretation, we counsel them on whether they should be further evaluated or not."

The NEDSP can serve as a protective measure against the progression of eating disorders by allowing for their detection.

"I just want awareness of this issue out there," Smirnov said.

eating disorder, has been dubbed the college woman's disease. According to the NEDSA, recent studies report that bulimia is present among 25%-35% of college-aged women.

It involves bingeing and purging. A binge occurs when a person consumes an exorbitant amount of food in a short period of time.

Binges are then followed by a purge, either through self induced vomiting, fasting, or abuse of laxatives, according to the ANAD website. These individuals may also exercise excessively to work off the binge.

Compulsive eaters binge but do not purge. These individuals become overweight, and cannot control their amount of food intake.

The Pleiad will not be published next week due to Spring Break. We will return on Friday, March 20.

Vegetarian cooperative offers healthy alternatives

Melissa Driessche
Staff Writer

Vegetarian corner? Meatless items?

Both topics were featured in the Baldwin weekly menu and newsletter earlier this month.

So what is all of this health consciousness about? Ask someone involved with the new vegetarian food cooperative.

Concern for proper diet and nutrition for students who do not eat meat was a driving force behind the creation of the co-op.

The co-op is an informal group comprised of dining and hospitality services staff and concerned students and faculty members.

Better nutrition is the topic of the committee's weekly lunch time meetings in Upper Baldwin.

The meetings focus primarily on providing a friendlier atmosphere for health conscious and vegetarian students in Baldwin while taking note of dietary needs.

"It's a long and sordid tale," said Stephen Schnorr, director of dining and hospitality services, when asked how the idea for a vegetarian group began. The idea actually came from Alfred College.

According to Schnorr, Alfred has a highly active group of students who actually take part in meal planning and preparation along with the dining hall staff.

"Some of them were very strong minded vegetarians," Schnorr said, "but it was a lot of fun."

The initial plan was for Albion to start a cooperative group similar to the one at Alfred, but since the first meeting, the group's focus has shifted.

"The students seem more interested in giving input than actually cooking," Schnorr said.

According to Schnorr, concern for proper diet and nutrition for students who do not eat meat was a driving force behind the creation of the co-op.

"We knew that there was a problem with our vegetarian selection," he said.

"Some people think macaroni and cheese is a vegetarian dish," added Carl Dewar, assistant director of dining and hospitality services, "but there are some vegetarians who don't even eat cheese. Plus, you can only eat so much macaroni and cheese before you start gaining weight."

"When we first started the co-op, we wanted to see what kind of vegetarians we

have on campus and we wanted to know what they wanted to eat," Dewar said. "Our cooks are not vegetarians, so sometimes it is hard to get good ideas."

"I am a semi-vegetarian and I wasn't too pleased with all Baldwin has to offer someone with eating habits like mine, so I went to a co-op meeting to see what it was all about," said Karyn Sopher, Vicksburg junior. "I was really impressed because they asked us what we wanted to eat, and they accepted our ideas."

The Baldwin staff seems to want to be as receptive as possible to students' needs.

"They were really cooperative," added Shantala Sonnad, Mount Pleasant junior. "They really want to make Baldwin better for us."

Sonnad, who is a lactose-intolerant vegetarian, said she has been pleased with the latest changes on the menu.

"There is a veggie bar and all kinds of new salads on the salad bar - what I've tried so far has been pretty good," she said.

The selections vary from day to day, but some of the items include cold pasta and bean salads, cottage cheese, cole slaw, different hot rice dishes, vegetarian chili, hot vegetables and even gourmet veggie pizza. There is always at least one vegetarian entree per meal.

Schnorr and Dewar seemed to be particularly proud of the installation of the new "veggie corner."

"The veggie corner is in the same place all the time so that the vegetarians always know where they can go to get their food," Schnorr said.

"It's the healthier choice and the items are all strictly vegetarian," Dewar added. "You won't find french fries and junk food over there."

Although the new meatless items are scoring points with some students, there is still much room for improvement, according to John Gatti, Honolulu, Hawaii senior.

"There is so much oil and mayonnaise in all of the cold salads, and I see a lot of hot food drenched in butter and oil," he said. "Some people think that just because it is pasta or there is a vegetable in something it is healthy - that's not true."

Gatti said that he is more in favor of controlling exactly what he eats.

"Something like a constant wok bar would be great," he said.

The co-op is still relatively new, and many of the plans have not yet been imple-

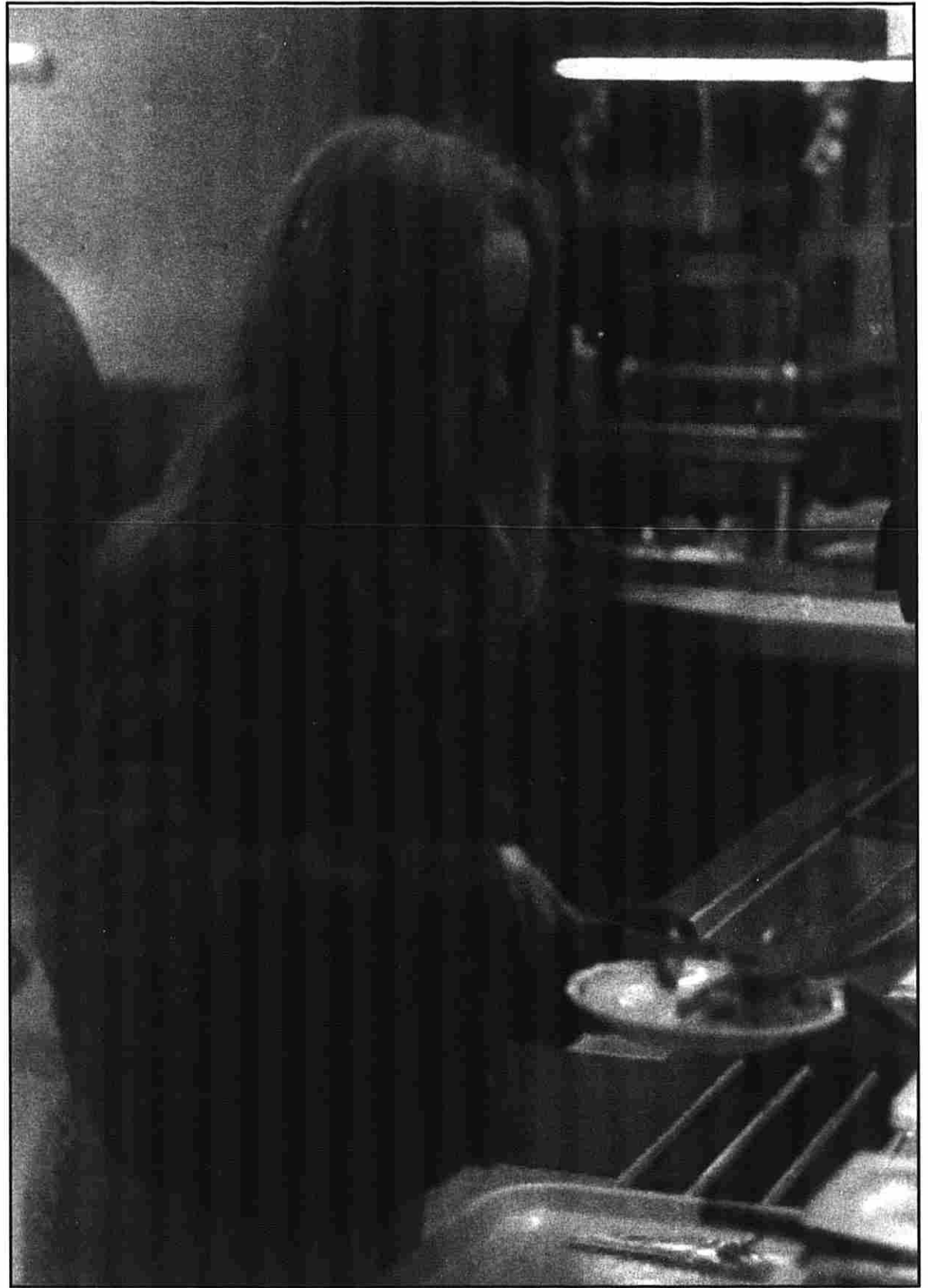


photo by Jessie Jones

Melissa Peterson, Lowell sophomore, helps herself to the new "veggie bar" in Lower Baldwin.

mented.

"We're just getting off the ground, so we're still evolving," Schnorr said.

Baldwin currently has one cook who devotes all of her time to the preparation of vegetarian selections.

"We've got dozens of new cookbooks," Dewar said, "and it's kind of fun for the cook and me to try new things. It is just a matter of thinking differently."

So, have students been appreciative of all the work that has gone into the vegetarian changes?

"I think it may take a little time to catch on," Sonnad said, "because some people are not always up for trying new foods."

"But they have some really great ideas," Sopher added. "They just need to go ahead and do it."

Some of the changes have been subtle,

like the addition of wheat germ and oat bran to the spice rack.

"I haven't really noticed a change in the food," said Kristin Busch, Valparaiso, Ind. sophomore. "Adding more vegetarian food is a great idea, though, because I never eat the meat in Baldwin."

"Since there are only one or two really strict vegans on campus, we try to cater to the majority," Dewar said. "We're still learning - it's a learning experience for us all. We're just trying to gear everything to the way it should be."

"As long as there is a good group of students that comes to the meetings, we will talk about any of the issues they want to talk about," Schnorr said. "We can make menu changes, but if people do not come to the meetings and give input then we get stuck in the rut of doing the same old thing."



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Donnie Brasco:
8 p.m. in Norris 101

Are Hollywood's images of dinosaurs correct?

No one has ever seen them, but John Horner's job was to make them look real

Emily Betz
Staff Writer

Wearing his Levi's, canvas shirt, and tennis shoes, paleontologist John Horner looks like he might have just walked off his Montana excavation site and hopped the next plane to Albion.

Horner, this year's Phi Beta Kappa guest lecturer, spoke to Albion's campus Feb. 16 about his life's passion — dinosaurs.

Perhaps best known for his work as technical advisor for the Steven Spielberg films *Jurassic Park* and *The Lost World*, Horner has also been a professor at Montana State University and curator of paleontology at the Museum of the Rockies in Bozeman since 1982.

Horner's demeanor, like his clothing, is casual and humble. He stopped his introduction by William Bartels, chair and associate professor of geological sciences, before Bartels could reveal his myriad accomplishments in the field of paleontology — including the discovery of a new genus of duckbilled dinosaurs and the excavation of the Egg Mountain dinosaur nests.

Horner instead cut to the chase. He was there to talk about the science of *Jurassic Park*. Science, which his audience soon learned, was mostly fiction.

What does it mean to be technical advisor for a Spielberg movie about dinosaurs?

"I would answer questions if asked," Horner said. "I made sure the dinos looked real and moved realistically."

He said both *Jurassic Park* and *The Lost World* used two kinds of dinosaurs: computer graphic and life-size robotics. He said that during the scenes when a computer generated Tyrannosaurus was attacking, they used a long stick with a cardboard T-rex head so the actors could react appropriately.

"Steven Spielberg would make growling sounds," Horner laughed.

While the dinosaurs in the film "moved" realistically, Horner said "they are not doing what they would do in real life."

The scene where the Brontosaurus rears up on its hind legs to munch some high tropical tree branches in *Jurassic Park* is not realistic behavior, Horner said. First of all, it would not be eating 20th century foliage.

"There is probably not a thing alive today that a dinosaur would eat," Horner said.

There is also the impossibility of that hulking creature actually lifting the front portion of its body off the ground.

"If we were built like a Brontosaur, it would be the body size we have with the head the size of a peanut attached to a three

foot straw," Horner said. As for Brontosaurus standing on their hind legs? "Biomechanics tells us that they could stand up...once."

The dinosaurs in *Jurassic Park* also violated what Horner playfully dubbed "the dung rule," which states that a "pile of dung should never be higher than the place from which it came." The enormous dino dung heap in *Park* was much too large to be from the dinosaur who allegedly made it, Horner said. "Which means the dinosaur had to climb up a hill..." Horner trailed off and smiled.

While the science of the films has some holes in it, Horner pointed out that "we really don't know as much of dinosaurs as you think we do."

"We don't know if they were warm-blooded or cold-blooded," he said.

"We have no idea what color they were...which is one of the reasons we have dinosaur coloring books," Horner joked.

One thing Horner does know about dinosaurs is what he said is one of the true themes of *The Lost World*. That is, the parental nurturing of new-born dinosaur hatchlings.

Horner showed a slide from the movie where the female paleontologist is petting a baby dinosaur.

"Why does she do this?," Horner asked.

Because it's cute. Horner explained how the features of baby dinosaurs, like those of baby penguins, are significantly different than those of adults.

"They make you want to take it home," he said.

"They have bigger eyes and a shortened snout," Horner explained. "These kind of features are release mechanisms which stimulate adults to care for their young."

The Tyrannosaurus rex in *The Lost World* certainly cares for her young — enough to go after the paleontologist who "stole" her baby to fix its broken limb.

This demonstrates what Horner called the "sub underlying theme" of *World*, that "people taste great!" This is seen in *Jurassic Park's* Tyrannosaurus rex, the one Spielberg has devouring a lawyer and preying ravenously on innocent children. A typical Hollywood image of a blood-thirsty Godzilla-like beast, but one Horner is convinced is simply not likely.

Horner explained in his lecture, "The Complete T-Rex," that this notoriously mean and nasty carnivore did not kill its food. Instead, it scavenged carcasses.

Part of the proof, he said, is in its teeth.

"The Tyrannosaurus had teeth different than those of other carnivores," he said.

"They were serrated, but they were round."

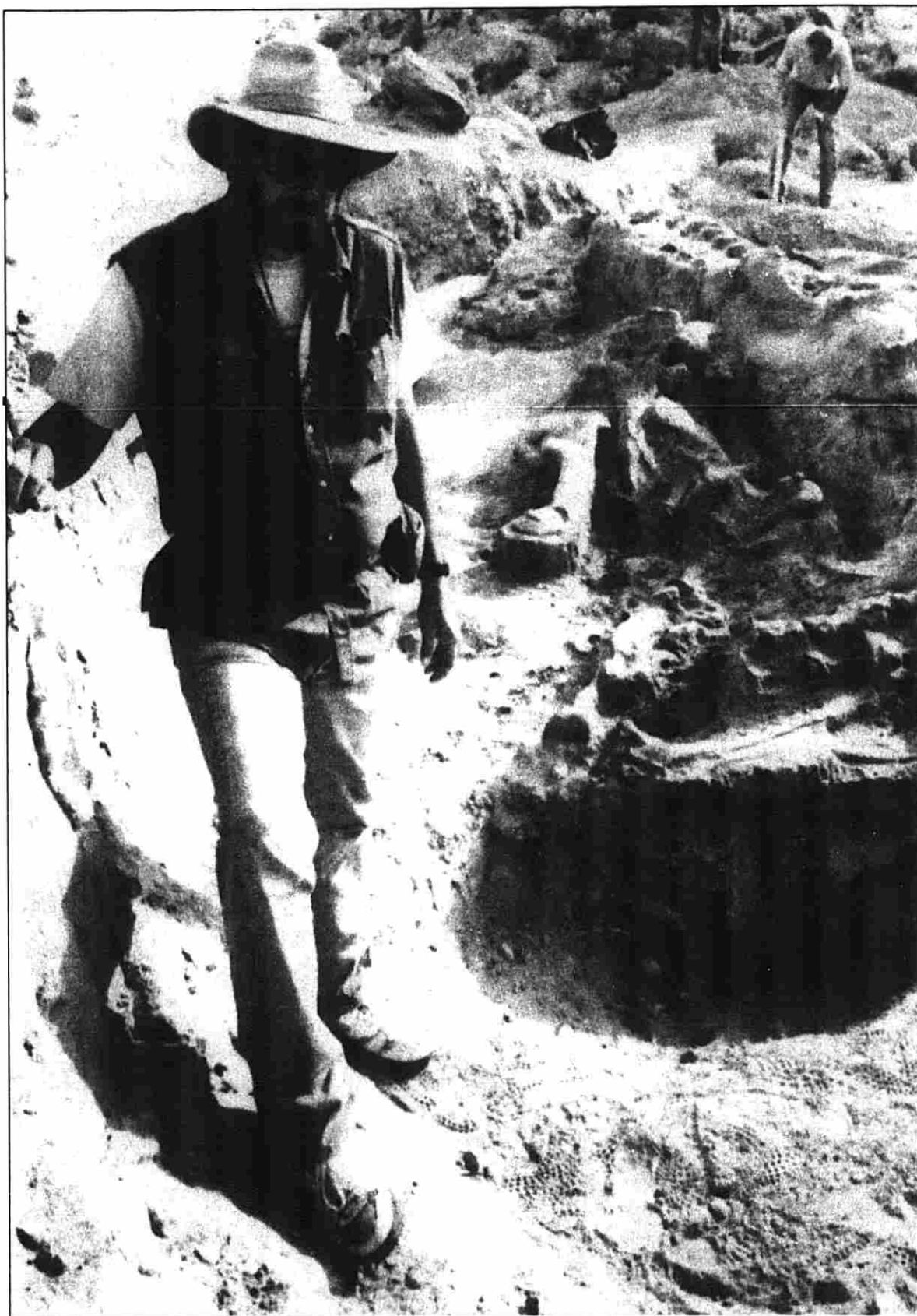


photo courtesy of Timothy Lincoln

John R. Horner, Phi Beta Kappa visiting scholar 1997-1998

These round teeth were ideal for puncturing, he said. And he has seen T-rex puncture marks in dinosaur bone.

"This is evidence that they ate meat, but there is nothing to suggest that it killed the animal," Horner said.

Horner has found evidence that falsifies the notion of a predatory T-rex.

"We see T-rex teeth associated with large groups of carcasses," he said.

The Tyrannosaurus also had an exceptional sense of smell over long distances, a feature that Horner said would only be useful to an animal whose food "is not going anywhere."

"The size of the olfactory lobe compared to the size of the brain [in a Tyrannosaurus] is the largest of any known animal except for the turkey vulture, who can smell carcasses 25 miles away," Horner said.

This combined with the fact that the Tyrannosaurus rex was 40 feet tall and

weighed 12,000 pounds ("There is no way to make a 12,000 pound animal agile," Horner said) and that its stubby arms couldn't reach far enough to clap — let alone stabilize its prey — led Horner to believe that the T-rex was a scavenger.

"We are obligated as scientists to follow the data," Horner said.

"You should always try to falsify rather than validate a hypothesis," he said. "That is good science."

Two Albion geology majors who heard Horner's lecture were impressed by his method.

"It was his whole approach," said Matthew Okraszewski, Gladstone junior, "how he didn't subscribe to popular views and made decisions based on facts."

Theodore Bogardus, Albion junior, agreed.

"He got me thinking about being more objective about interpreting science."

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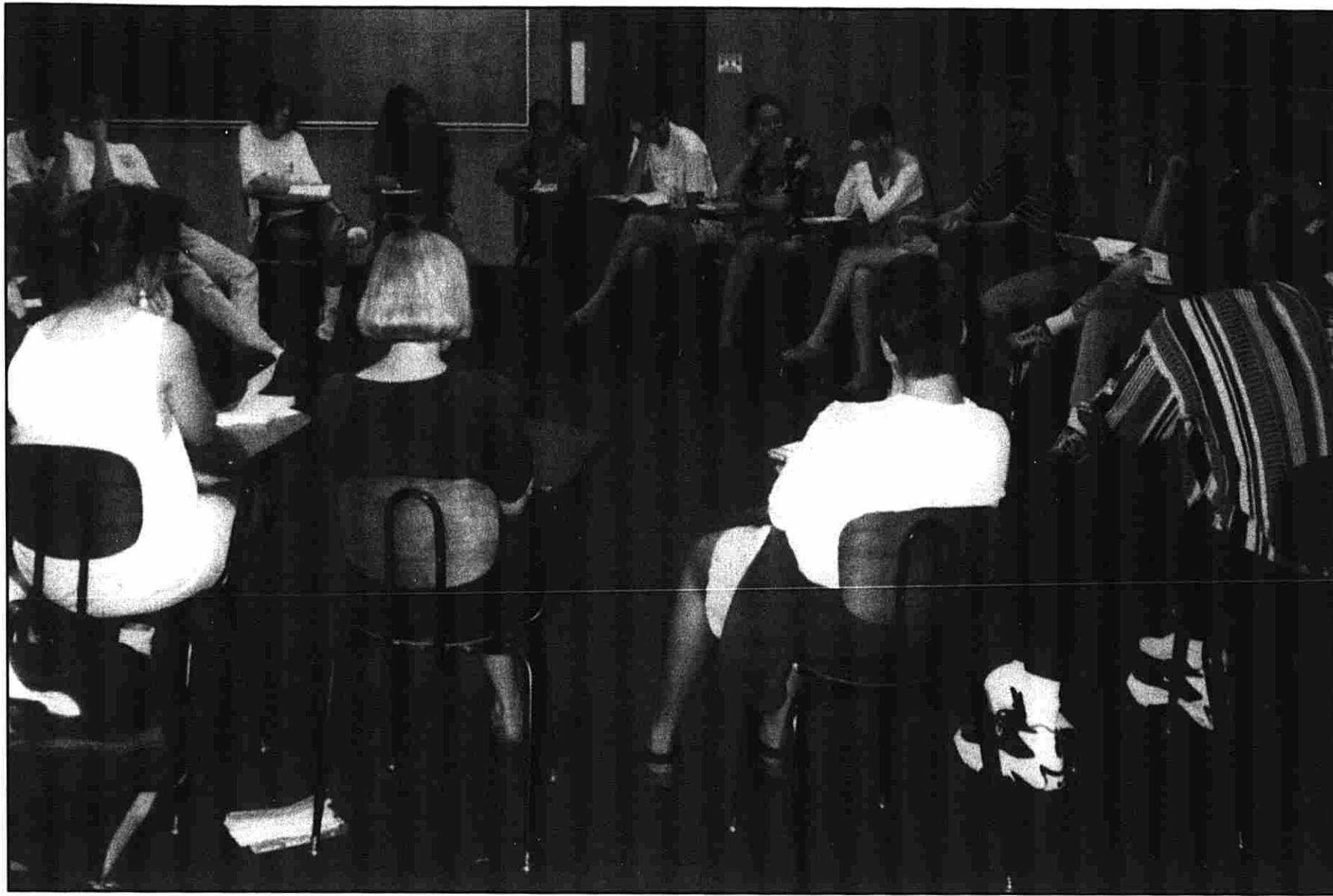


photo courtesy of Multicultural Affairs

On Common Ground:

First year students share a reading experience

Tiffany Gates
Staff Writer

Don't forget that all students have to complete a homework assignment over the summer.

All students that attend Albion College have already completed this assignment. Incoming students, however, are still required to read a book for the Common Reading Experience program during the summer.

This year's CRE committee has currently nominated four books: *The Bluest Eye* by Toni Morrison, *Black Ice* by Lorene Cary, *Life On the Color Line* by Gregory Howard Williams, and *Their Eyes Were Watching God* by Zora Neale Hurston.

The faculty wants students to continue submitting book reviews, before the March 16 deadline, that will prompt valuable discussions about race, class and gender in society.

Nominating books requires assembling a reading group that consists of two or more Albion students, a faculty member and a community member, who is neither a student or a faculty member to critique the book.

Individuals who feel strongly about having first year students read specific books because of their powerful social themes should nominate them.

Stephen Lathom, Boardman, Ohio senior said that he believes *Days of Grace* by Arthur Ashe touches on a variety of important social themes.

"That Arthur Ashe, facing heart disease and AIDS, could write that the greatest burden he ever faced was being black, had a tremendous impact on my thinking," Lathom said.

Lathom and other students who want the

Common Reading Experience Committee to review their book for the 1998 program should nominate them.

According to Preston Hicks, director of multicultural affairs, the committee bases its choices on whether the books are readable for first year students, inspire meaningful discussion, and speak to the human condition as it is shaped by class, ethnicity, culture, race, gender and society.

Book nomination forms are in the office of multicultural affairs and at the front desk of the Kellogg Center. Nomination forms should be submitted by March 16.

This may be the last year for the program, though, as some faculty and staff are not sure if the program has been effective.

"The basic goal of the Common Reading Experience is to engage the campus community in dialogue and to introduce entering students to campus life by way of an academic exercise that encourages critical reflection about issues that are relevant to a liberal education and community," Hicks said.

Hicks said that he began the program seven years ago because Albion needed a freshman program that would create a common experience and educate students on cultural differences.

Most students remember the books that they read for the Common Reading Experience and feel that their discussions were beneficial.

"It opened up my mind about race issues," said Amanda Tratechaud, West Bloomfield junior.

Some students learned valuable lessons in their reading groups, but other students had a lack of participation in their groups which made their discussion unproductive.

"It was obvious that other students in my group had not read the book," said Greg

Anderson, Moline, Ill. junior.

"The book we read was *The Bluest Eye* by Toni Morrison," said Frank Broccolo, Huntington Beach, Calif. junior. "We had a group of 12 first year students who were highly engaged in a very energetic conversation about race."

When students were asked about what impression their book's themes and morals left on them, most were pleased with their impact.

"I thought that *Savage Inequalities* brought out a lot of viewpoints of society that I was never exposed to before," said Herman Blacksher, Southfield freshman. "To me it was a shock to learn about the conditions of other peoples' lives that I never knew really existed."

Many students considered their freshman CRE to be enriching. Although some students did not have valuable discussions, they believe that the program should remain in effect.

"I think they should read a book more pertinent to social issues," Anderson said.

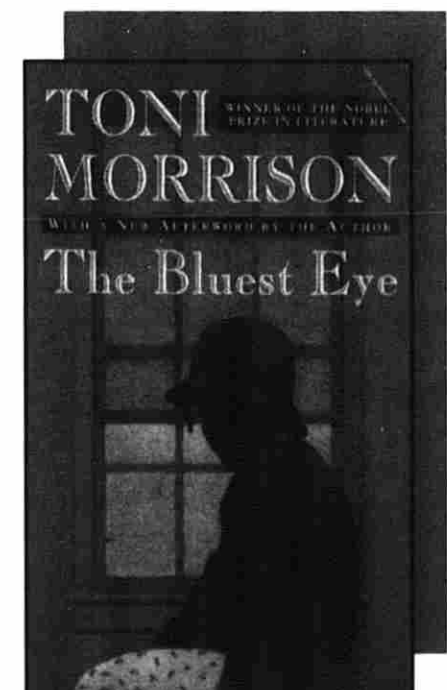
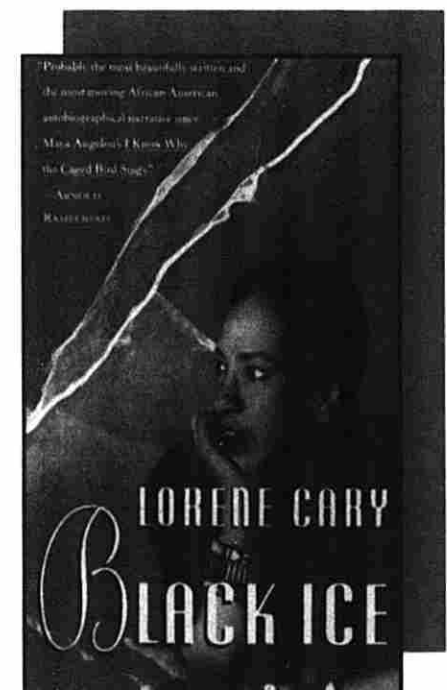
Tratechaud said that she also believes that the program should continue.

"Yes the Common Reading Experience should be continued at Albion because it is an excellent opportunity for first year students to discuss racial issues in a comfortable environment," Tratechaud said.

According to Hicks, the program would be more beneficial if it were incorporated into a program that spans the entire freshman year. Hicks said this can involve lectures, various media, classroom instruction, seminars, off campus experiences, research and a range of programs that will extend the conversation that began in the CRE.

Students who have suggestions on how to improve the program and want it to continue can volunteer to be facilitators.

Left: A group of first year students participate in the Common Reading Experience. Below: Novels that have been used in previous CRE sessions, and that are under consideration to be used again: *Life On the Color Line* by Gregory Howard Williams, *Their Eyes Were Watching God* by Zora Neale Hurston, *The Bluest Eye* by Toni Morrison, and *Black Ice* by Lorene Cary.



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Dow Center expansion gives students more space

Dave Evensen
Staff Writer

Have you ever tried to work out at the Dow Center Fieldhouse around, say, four o'clock?

Among the practice schedules of the tennis team, the track team and the baseball team in the early parts of the spring semester, the Dow Center is at least busy during the afternoon, if not off-limits.

Fortunately, changes are being made at the Dow Center that should give everyone a little more breathing room.

Construction is already underway for a new indoor tennis facility, which will free the fieldhouse of at least one varsity sport's practice schedule.

"It's great," said Bob Adkins, men's and women's tennis coach. "It allows us to schedule our practices more flexibly around student studies, and there are no other teams' practice times to deal with."

"I think the erection of this tennis facility will provide more space for tennis players, and for the other people who want to use the Dow Center," said Benjamin Engelter, Springport senior and member of the track team. "Although I think a new indoor track around the outside [of the tennis courts] would also be a good idea."



photo by Jessie Jones

Tennis coach Bob Adkins helps women's tennis member, Britt Hanson, Wauconda, Ill. junior during a Tuesday practice. Dow expansions will give the tennis teams more space and flexibility for practices.

The new tennis facility will lie to the east of the Dow Center Fieldhouse, between the Dow and the soccer fields.

The facility will feature four tennis courts and lighting modeled after the University of Michigan's indoor tennis facility's lighting, which, according to Adkins, is the best in the country.

"Both Kalamazoo and Hope have indoor facilities, and Alma is thinking about it," said Adkins. "For [the tennis team] to be able to compete and do well this is important. Players could practice year-round."

The varsity tennis players will not be the only students to benefit, however.

"We could offer more beginner and

intermediate [tennis] classes during the fall and spring," Adkins noted.

Adkins said that the new facility should cost "somewhere around a million dollars," although figures are not going to be definite until more details about the interior have been decided upon.

Funding for the new facility is being aided, in large part by Paul (Skip) Ungrodt Jr., '52, member of the Albion College Board of Trustees.

"He's donated a lot himself, and taken the lead in funding drives," said Kenneth Kolmodin, director of facilities operations.

Numerous changes are being made around the Dow Center besides the new tennis facility.

"Several things have been funded as a result of the Briton Athletic Drive," said Kolmodin.

"We've resurfaced the track, and we're almost done with the outdoor tennis courts."

Other changes in the making include scoreboards and bleachers for the softball, baseball and soccer teams.

"With the additional women's sports, we'll need to renovate the locker rooms too," added Kolmodin. The most drastic expansion these days, however, is the new tennis center.

"We hope the facility is done by this fall," said Adkins. "A lot of prospective high school students have already shown interest, and word of the new facility is spreading."

Football team faces great obstacles for next season

William O'Bryan
Staff Writer

After a below par record last year, graduating seniors in the spring, and a tough opening schedule for next season, players and coaches prepare for the upcoming football season.

"We play Butler [University] in the first game of the season then we play Mount Union Sept. 12," said Craig Rundle, head

football coach. "It will be an ambitious undertaking for both teams."

The Britons defeated Mount Union in 1994, 34-33, en route to their national championship.

"I'm excited," said Virgil Petty, Haslett junior. "I think we'll stop their winning streak."

In addition to a tough schedule, the team will be losing 12 seniors, which, according to Rundle, "is not a large number, but some pretty key players."

On the other hand, players are confident that incoming athletes will be able to fill those spots.

"I think the outlook is good," said Joseph Pesci, Farmington senior. "There are a lot of key players coming back. The guys replacing the seniors are capable of doing the job. The team should be back on top of the league next year."

According to Rundle, recruits for next season look good so far.

"I think it is kind of early to tell, but we

had lots of kids on campus that have shown some interest," Rundle said. "That will start funneling into place in April or May, but I feel like it's going along pretty well."

Strategy for next season according to Rundle is "the same as any week."

"If you can be efficient on offense and not turn the ball over, and defensively not allow big plays then you have a chance to win most games," Rundle said.

"I think to improve you need to play the top team and we certainly are doing that."

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